



# RCSA CPR FOR EVERYONE



## REGISTER TODAY

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STRICT COVID 19 PROTOCOLS OBSERVED

\*T&C Apply

The course teaches a higher level of CPR techniques. Ideal for security/beauty/gym/retail staff, lifeguards, teachers, home-based carers, lay responders, youth, NGO volunteers, entrepreneurs.

**STEER YOUR CAREER WITH RHENS**

## Course Content & Outcomes

Practical, medically based training that will equip delegates in the techniques of:

- CPR to address choking in adults, children and infants;
- The use of the AED to lay rescuers expected to respond to emergencies in their occupation in the workplace

## Course Costs, Duration, Other Info

- Duration: 3 hours, face to face.
- RCSA Certificate

## Target Market

This 5-6 hour course is more advanced than the 3-hour CPR for Family and Friends.

Recommended as ideal for anyone with no prior CPR knowledge, who wants to learn how to possibly save a life of a loved one or any other person in need of CPR eg:

Any members of the public, home-based carers who need to present a certificate for eg SANC / HPCSA; all family members eg grandparents and parents, domestics, carers, babysitters, teachers, teachers assistants, coaches, swim teachers, health & fitness staff, field workers, employees working remotely, retail employees as well as other lay responders.



## Background & Context

This hands-on, face-to-face classroom-interaction course designed, accredited and endorsed by the RCSA (Resuscitation Council Of South Africa). The course is designed to teach the techniques of CPR and choking in adults, children and infants, and the use of the AED to lay rescuers, particularly those who are expected to respond to emergencies in their roles and occupations and in the workplace. In addition to hands-on practice in the skills of CPR, the course also includes the use of barrier devices and pocket masks, and how to activate the emergency services.

## Facilitator Credentials

Rhens Training Institute has a partnership agreement with Heart Guardians Emergency Training Centre headed by Helene Basson who is accredited with, amongst others, SAIOSH, RCSA, AHA, SAIOSH, Intrasafe and who has served the Emergency Medical Services community for over 12 years; she leads a team of instructors delivering courses in Emergency Medical Care, First Aid and Health & Safety; works as a Clinical Assessor at a globally recognised medical facility, is a certified Assessor and Moderator for all health and safety courses, a BLS Instructor working with Healthcare Professionals to instruct American Heart Association (AHA) and Resuscitation Council of South-Africa (RCSA) courses; a CPG instructor for the pre-hospital medical staff; current with ACLS- advanced cardiac life support; worked in COVID-19 ICU; COVID-19 ventilator course through Harvard University and COVID for Healthcare workers course through Stanford University and has ITLS- International Trauma Life Support Instructor status.

## Disclaimers | T&C

Refer to Our Website For Full Details