



FIRST AID LEVEL 1

Perform Basic
Life Support And
First Aid
Procedures (L1)

fp&m
seta

STEER YOUR CAREER WITH RHENS

REGISTER TODAY

079 651 8174
training@rhenstraininginstitute.co.za
www.rhenstraininginstitute.co.za

STRICT COVID 19 PROTOCOLS OBSERVED

(2days/f2f/US119567)
(Credit & Non-Credit Bearing)
T&C Apply.

The OHS Act 85 of 1993 compels employers with 10 or more employees to have @ least 1 trained, basic-skilled First-Aid Responder with a valid and current First Aid Certificate for every 50 employees (or part thereof).

A COMPLIANCE REQUIREMENT DEPENDING ON NO# OF STAFF

Course Content & Outcomes

- Demonstrate an understanding of emergency scene management
- Demonstrate an understanding of elementary anatomy and physiology
- Assess an emergency situation
- Apply First Aid procedures to the life-threatening situation
- Treat common injuries.
- COVID-19 protocols as directed are covered.

Duration, Other Information

- SAQA Unit Standard 119567
- NQF Level:1 | Credits:5
- Duration: 2 days, face to face.
- Credit-bearing outcomes requires POE submission. SETA Statement of Results (SOR) are issued by SETA's and can take 6 months or more.
- Non-credit bearing option available utilising credit bearing unit standard training material and tests excluding POE submission.

Target Market

Everyone in workplaces and spaces where people gather eg:

- Formal & informal sector employers
- Health and Safety Reps and Committees in workplaces.
- Workplace First-Aiders must have credit bearing POE submitted training to comply with OHSA legislation as directed.
- Self-employed entrepreneurs, 'second hussle' job seekers.
- Essential for leaders of teams managing venues, churches, malls.
- Employees who work from home and off-site from a central location.
- Highly recommended career path for the youth, unemployed, 2nd-hussle career-seekers and essential for neighbourhood watch teams, school governing bodies, events planners etc

Background & Context

As legislated in the Occupational Health and Safety (OHS) Act 85 of 1993, employers with 10 or more staff must have at least one first aider appointed for every 50 employees (or part thereof). This Unit Standard 119567 is for persons required to assess the emergency situation and providing basic Life Support and basic First Aid in order to stabilise patients prior to transfer to the emergency services. This Level 1 first aid course incorporates the specific outcomes and assessment criteria of the SAQA-registered Unit Standard 119567. CPR in this course complies with the guidelines released by the American Heart Association, October 2015. COVID-19 protocols as directed are covered in this course.

Disclaimers | T&C

Refer to Our Website For Full Details

