



STRICT COVID 19 PROTOCOLS OBSERVED Options:

Options: Face to Face & Online Self-Paced Credit Bearing & Non-Credit Bearing *T&C Apply Understand the cost of money, learn how to avoid debt traps, gain finance savvy skills. Acknowledge your debt. Own your financial freedom. Highly recommended for youth, unemployed, all employees in any industry.

Course Content & Outcomes

- Qualifying learners are able to:
- Understand personal finance and the cost of debt.
- Plan and prepare a personal budget.
- Operate a personal bank account.

Duration, Other Information

- SAQA Unit Standard 243189
- NQF Level: 1 | Credits:8
- Duration: 2 days, face to face / Self-paced online with assessments.
- Automatically issued participation certificate for online completion for non-credit bearing course.
- Credit-bearing outcomes requires POE submission. SETA Statement of Results (SOR) are issued by SETA's and can take 6 months or more.
- Non-credit bearing option available utilising credit bearing unit standard training material and tests excluding POE

Disclaimers | T&C

Refer to Our Website For Full Details



Background & Context

TIP 1: ACKNOWLEDGE THAT YOU ARE INDEBTED.

TIP 2: TAKE ACTION TO RECOVER AND LIVE WITH LESS STRESS & ANXIETY BY COMPLETING THIS INTERACTIVE COURSE

Latest Consumer Inflation Statistics https://www.statssa.gov.za/?p=15583 Latest Youth Unemployment Statistics https://www.statssa.gov.za/?p=15407

People - employed and unemployed, irrespective of their financial status pre or post the worst of the global Covid pandemic - struggle with financial freed and managing their personal finances. The research shows that the anxiety brought about by financial constraints due to Covid's legacy; politics (Ukraine / Russia); technology, mechanisation as a result of the 4IR advances etc have resulted in significant increases in mental and emotional frustration and health deterioration which naturally has a massive impact on the ability to focus and

concentrate effectively on jobs and the daily survival for the unemployed, youth, matriculants etc. The micro lending environment, and buying goods on credit has left many indebted citizens paying enormous fees in interest, and thus exacerbating their chronic debt and stress. The stress from having too much debt, leads to poor job performance and poor survival instincts due to heightened mental 'deterioration' linked to anxiety about debt and survival. This course helps everyone - employed and unemployed - to manage their personal finances, so as to ensure a minimum of personal debt and being able to live within their means. The course shows employees how to manage the various aspects of personal finances including: using credit, household budgeting, vehicle and housing finance, credit cards, residual financing schemes, and consolidating debt.

Target Market

Everyone in workplaces and the general public irrespective of age as indebtedness and anxiety over money has not preference.

- Formal & informal sector employers and employees, traders, residents.
- Unemployed and self-employed entrepreneurs, 'second hussle' job seekers,
- Highly recommended as part of a mentorship and work-integrated learning and career path for youth, unemployed.

TRAINING OPTIONS: ONLINE, FREE FOR EVERYONE | FACE TO FACE TRAINING WITH PAYMENT OPTIONS | FACILITATORS CAN PRESENT TRAINING @ VENUES IN CAPE TOWN OR NATIONALLY

Contact us @ 0796518174 or info@rhenstraininginstitute.co.za to discuss your specific training needs