

AHA HeartCode® BLS Blended Learning For Frontline Healthcare Professionals



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*T&C Apply

Designed for all essential
frontline healthcare
professionals. Teaches CPR,
choking relief, barrier device
ventilation, bag-valve-mask
devices with supplemental
oxygen etc.

Course Content & Outcomes

The AHA's BLS Course has been updated to reflect new science in the 2015 American Heart Association Guidelines Update for CPR and Emergency Cardiovascular Care (2015 AHA Guidelines for CPR and ECC). This course teaches both single-rescuer and team basic life support skills for application in both in-facility and prehospital settings.

After successfully completing the BLS Course, students should be able to:

- Describe the importance of high-quality CPR and its impact on survival
- Describe all of the steps of the Chain of Survival and apply the BLS concepts of the Chain of Survival
- Recognize the signs of someone needing CPR
- Perform high-quality CPR for adults, children and infants
- Describe the importance of early use of an AED and demonstrate its use
- Provide effective ventilations by using a barrier device
- Describe the importance of team dynamics in multi-rescuer resuscitation and perform as an effective team member during multi-rescuer CPR
- Describe the technique for relief of foreign-body airway obstruction (choking) for adults and infants

The HeartCode BLS online cognitive portion must be paired with a hands-on skills practice and testing session with an AHA BLS Instructor.

- Students who successfully complete the online portion receive a certificate that allows them entrance to a skills practice and testing session. An AHA BLS for Healthcare Providers course completion card will be issued upon successful completion of both parts.

CPD Points

CPD point for SAIOSH members, E&OE, subject to change (e&oe).
Discovery Points for eligible delegates.

Background & Context

The American Heart Association's HeartCode BLS Course, web-based and accessible 24 hours a day, provides a flexible alternative to classroom training. With a focus on the components of high-quality CPR, this online instructional program uses a variety of eLearning assets such as dramatizations, eSimulations, animations, self-directed learning, and interactive activities to teach students BLS knowledge and skills for single-rescuer and team basic life support.

Facilitator Credentials

Rhens Training Institute has a partnership agreement with Heart Guardians Emergency Training Centre headed by Helene Basson who is accredited with, amongst others, SAIOSH, RCSA, AHA, SAIOSH, Intrasafe and who has served the Emergency Medical Services community for over 12 years; she leads a team of instructors delivering courses in Emergency Medical Care, First Aid and Health & Safety; works as a Clinical Assessor at a globally recognised medical facility, is a certified Assessor and Moderator for all health and safety courses, a BLS Instructor working with Healthcare Professionals to instruct American Heart Association (AHA) and Resuscitation Council of South-Africa (RCSA) courses; a CPG instructor for the pre-hospital medical staff; current with ACLS- advanced cardiac life support; worked in COVID-19 ICU; COVID-19 ventilator course through Harvard University and COVID for Healthcare workers course through Stanford University and has ITLS- International Trauma Life Support Instructor status.

Duration, Other Information

- Self-paced web based learning + scheduled face to face time to complete practicals.
- AHA BLS Certificate, internationally recognised.

Target Market

Frontline healthcare professionals who need to know how to perform CPR and other basic cardiovascular life support skills in a wide variety of in-facility and pre-hospital settings. HeartCode BLS is for healthcare professionals and others seeking alternative delivery method for completing BLS training.

Disclaimers | T&C

Refer to Our Website For Full Details



TRAINING OPTIONS: BLENDED LEARNING (ONLINE + FACE TO FACE)

FACILITATORS CAN PRESENT TRAINING @ VENUES IN CAPE TOWN OR NATIONALLY FOR FACE TO FACE PRACTICALS

Contact us @ 0796518174 or info@rhenstraininginstitute.co.za to discuss your specific training needs